



Professor BIAN Zhaoxiang

Associate Vice-President (Chinese Medicine Development), Hong Kong Baptist University

Prof BIAN Zhaoxiang is an expert in traditional Chinese medicine, focusing on digestive diseases. He serves as Director and Chair Professor of the Clinical Division, School of Chinese Medicine, Associate Vice-President of Chinese Medicine Development of the Hong Kong Baptist University (HKBU), Chief Scientist of the Centre for Chinese Herbal Medicine Drug Development Limited, Director of Chinese Equator Centre, and Director of Hong Kong Chinese Medicine Clinical Study Centre. He was educated in Nanjing University of Traditional Chinese Medicine (TCM), Beijing University of Traditional Chinese Medicine and Pharmacology and Guangzhou University of TCM. He was conferred the PhD degree in Integrated Chinese and Western Medicine.

Topic: Tele-Traditional Chinese Medicine for COVID-19: from Prevention, Treatment to Rehabilitation

Hong Kong experienced the fifth COVID-19 pandemic wave in early 2022. In response to the upsurge in cases during the Omicron outbreak, HKBU established the HKBU Telemedicine Chinese Medicine Centre Against COVID-19 (HKBU-TCMC) in February 2022 to offer a free, rapid and remote, integrated Chinese herbal medicine (CHM) prevention and treatment service to COVID-19 patients.

To prevent COVID-19 infection and protect high-risk individuals, including elderly and healthcare professionals, HKBU-TCMC provided 600,000 dosage of “HKBU Chinese Medicine Immunity Enhancement Remedy”. The Centre offered free TCM consultations & CHM treatment for 42,000 patients diagnosed with COVID-19 between February to May 2022. The “Everbright Care • Long COVID Chinese Medicine Rehabilitation Programme” in concurring in the Chinese medicine clinics of HKBU to provide free clinical service to help people who suffer from long COVID.

CHM should be included in health policies and strategies and recommended to the public as part of the healthcare system in Hong Kong since it has been proven to play a significant role in the prevention, treatment and rehabilitation of COVID-19. The telemedicine online consultation system has improved consultation efficiency, reduced the burden on doctors seeing patients in person, decreased the risk of infection of the population and health care workers, and facilitated the process of obtaining clinical evidence from medical practice for understanding and fighting an infectious disease outbreak.



卞兆祥教授

香港浸會大學協理副校長（中醫藥發展）

卞兆祥教授為中醫藥研究消化道疾病的專家，現任香港浸會大學協理副校長（中醫藥發展）、中醫藥學院臨床部主任及講座教授、中藥創新研發中心主任、EQUATOR中國中心主任，及香港中醫藥臨床研究中心主任。卞教授在南京中醫藥大學取得中醫學學士學位，於北京中醫藥大學取得中醫學碩士學位，於廣州中醫藥大學獲醫學博士（中西醫結合）學位。

題目：遠程中醫與 COVID-19：從預防、治療到康復

自2022年初始，香港經歷了新冠第五波疫情。為快速應對病例激增的情況，香港浸會大學於2022年2月成立了「浸大中醫抗疫遠程醫療中心」，為新冠病毒患者提供免費的、快速的、遠程的、綜合的中醫預防和治療服務。

為預防新冠病毒及保護包括長者及醫護人員在內的高危人士，浸大中醫抗疫遠程醫療中心提供了600,000劑中藥「防感方」。中心亦於2022年2月至5月期間，為42,000名求助的新冠患者提供免費中醫諮詢和中藥治療。目前，「光大護理·長新冠中醫康復計劃」在浸大中醫診所進行中，為受「長新冠」困擾的人士提供免費諮詢服務和中醫治療服務。作為香港醫療保健系統的一部分，中醫在新冠預防、治療和康復中的作用，揭示中醫可以被納入衛生政策並向公眾推薦。遠程在線醫療會診系統提高了診症效率，減輕了醫生親自看病的負擔，而且降低了人群和醫護人員的感染風險，也促進了從醫療實踐中獲取臨床證據的過程，為了解和對抗傳染病爆發。



卞兆祥教授

香港浸会大学协理副校长（中医药发展）

卞兆祥教授为中医药研究消化道疾病的专家，现任香港浸会大学协理副校长（中医药发展）、中医药学院临床部主任及讲座教授、中药创新研发中心主任、EQUATOR中国中心主任，及香港中医药临床研究中心主任。卞教授在南京中医药大学取得中医学学士学位，于北京中医药大学取得中医学硕士学位，于广州中医药大学获医学博士（中西医结合）学位。

题目：远程中医与 COVID-19：从预防、治疗到康复

自2022年初始，香港经历了新冠第五波疫情。为快速应对病例激增的情况，香港浸会大学于2022年2月成立了「浸大中医抗疫远程医疗中心」，为新冠病毒患者提供免费的、快速的、远程的、综合的中医预防和治疗服务。

为预防新冠病毒及保护包括长者及医护人员在内的高危人士，浸大中医抗疫远程医疗中心提供了600,000剂中药「防感方」。中心亦于2022年2月至5月期间，为42,000名求助的新冠患者提供免费中医咨询和中药治疗。目前，「光大护理·长新冠中医康复计划」在浸大中医诊所进行中，为受「长新冠」困扰的人士提供免费咨询服务和中医治疗服务。作为香港医疗保健系统的一部分，中医在新冠预防、治疗和康复中的作用，揭示中医可以被纳入卫生政策并向公众推荐。远程在线医疗会诊系统提高了诊症效率，减轻了医生亲自看病的负担，而且降低了人群和医护人员的感染风险，也促进了从医疗实践中获取临床证据的过程，为了解和对抗传染病爆发。